



Residential Services

Addiction Medicine & Withdrawal

Supportive Housing

Community & Justice

RESIDENTIAL TREATMENT

RESIDENTIAL TREATMENT PREPARATION PROGRAM

All clients said the program was a safe space where they felt comfortable asking questions and sharing with others.

RTPP helped clients:

Learn how to hold myself accountable for my own growth and recovery (75%).

Most helpful parts of RTPP:

- Receiving feedback
- Learning about STC
- Reducing anxiety around attending residential treatment.

ORIENTATION

Clients described orientation as:

"My goals were not generic goals; they were personalized to me and my own needs."

86% of clients said orientation supported them to make meaningful goals.

A "safe place where I can focus on my recovery without any judgments." STC is "an amazing place that helps everyone, no matter what their past is."

ACTIVE TREATMENT

Active Treatment helped clients to identify the behaviours and beliefs that contributed to their substance use issues (84%).

Active Treatment supported residents to:

- Set **healthy boundaries**,
- Develop and enhance their **leadership skills**,
- Improve their **self-confidence**,
- Enhance their **interpersonal skills**, and
- Engage in self-discovery and **personal growth**.

Activities like primary group, relapse prevention, and focus work supported

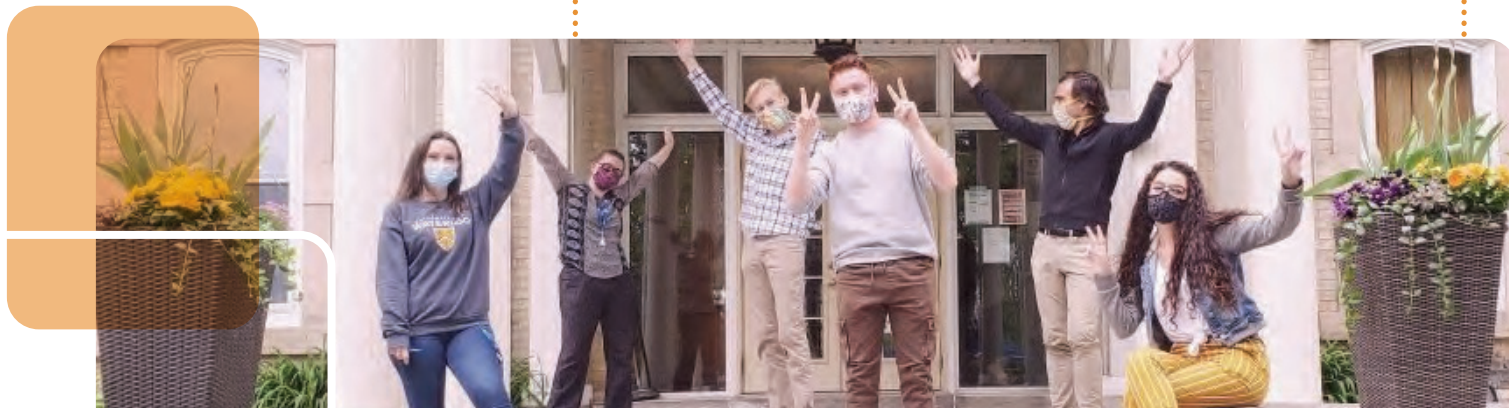
100% of clients to learn more about themselves as well as to make changes within themselves.

Without Active Treatment, clients said they would be:

"Not be the person I have grown into today."

"I wouldn't have been able to let go of the things holding me back."

The evaluation for STC's Programs include:
i) process evaluation completed by clients during each phase of the program





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RE-ENTRY

Overall, **85%** of clients reported increased confidence going back to their community outside STC.

Clients said Re-entry has given me:

- **The confidence** I didn't know I had and have never had before
- **The knowledge** that I have supports in place
- **The space and skills** to develop a relapse prevention plan to support my safety and success

Re-entry helped:

77%

of clients get connected to employment or education.



50%

of clients establish housing.



COMPLETION

"It's the first treatment program I have ever completed."

Clients reported:

- **A sense of accomplishment.**
- **Learning coping skills** "that I will take with me throughout the rest of my life."
- **"Learning a lot about myself** and how to be successful"

Most helpful part was the community and staff support, including feedback and accountability. Staff and residents were caring and concerned.

"We never gave up on each other."

Without STC "I wouldn't have been able to find myself."



92% of clients said they were able to achieve their goals and that they were going in the right direction for recovery.





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CWSS

93% of clients felt well supported to meet their withdrawal goals.

86% felt safe in withdrawal.

83% got the support they needed to withdraw at home.

Clients said CWSS was a source of “support, knowledge, and coaching” and provided them with “access to ongoing support services.” It was nice “knowing someone was there.”

“CWSS helped me with staying focused and continuing on the right path.”

“I am not sure where I would be without CWSS. It has helped me so much and is always there to help.”

RAAM

100% felt welcomed.

86% felt safe.

100% of clients said the referrals to other support and services made by RAAM were appropriate and helpful.



RAAM supported clients:



Manage their medication
(**100%**).



Meet their substance use goals
(**86%**).



Feel healthier
(**86%**).



In their recovery journey
(**86%**).





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Supportive Addiction & Mental Health Housing (SAMH)



Over 70% of clients said they had received the kind of support they needed in working toward their change and recovery goals.



Over 85% said SAMH had helped them have a safe and stable place to live, focus on self-care, and make healthier and safer choices about substance use.

Without SAMH
"I would
have never
achieved
the level of
stability that
I have today."

The SAMH program:

- Supported clients to get housed
- Provided a safe and stable environment
- Provided emotional support
- Connected to other community services

Addiction Court Support (ACS)

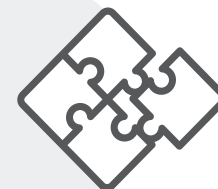
ACS supported clients to:

- Meet their bail conditions (**100%**).
- Make safer and healthier choices (**75%**).
- Work towards their change goals (**75%**).

ACS "helped turn me in the right direction to make the changes I need to, to become a healthier and better me."

75% of clients
had not incurred new
charges since getting
connected to ACS.

100% of clients said ACS had supported them to connect with mental health supports as well as supports and treatment for substance use.



Addiction Support Coordination (ASC)

100% of clients said their connection to ASC helped them to have fewer visits to the hospital/calls to emergency services and make safer healthier choices.



SERVICE PROVIDERS connected with ASC to:

- Find creative solutions for supporting clients with complex and chronic addictions and mental health needs (**100%**).
- Remove barriers for clients (**89%**).
- Create links across sectors (**89%**).
- Create more supports managing crises (**83%**).
- Deliver their expertise in a better way (**83%**).

"Support Coordinators are able to problem solve and strategize alongside resources in the community to ensure every option is explored."

